

Brisbane River Dragons in conjunction with South Bank Corporation present

2012 Chinese New Year  
Corporate Dragon Boat Regatta  
© South Bank



2012

CHINESE NEW YEAR

Dragon Boat Regatta © South Bank



[www.brisbaneriverdragons.com](http://www.brisbaneriverdragons.com)

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**Brisbane River Dragons invite your organisation to enter a team in the Chinese New Year Dragon Boat Regatta at South Bank as part of Chinese New Year 2012 - Year of the Dragon Celebrations!**

Chinese New Year is the most important celebration on the Asian festival calendar, heralding the arrival of the new lunar year. Queensland's largest and most exciting Chinese New Year celebrations explode to life in February, 2012 right across Brisbane.

The following pack contains information about our regatta, and a registration form for your team entry.

If you are interested in participating in the Chinese New Year Dragon Boat Regatta at South Bank please fill in the relevant information and send it to:

Brisbane River Dragons  
P.O Box 491  
Lutwyche QLD 4030

If you require further information please visit our web site and follow the link to CNY2012. Alternatively you can scan and email to:

[norbert@ctba.com.au](mailto:norbert@ctba.com.au)  
Tel: 0438 320 188

Kind regards,

**Ewen McDonald**  
President  
Brisbane River Dragons  
Dragon Boat and Outrigger Canoe Club





## **Brisbane River Dragons Dragon Boat and Outrigger Canoe Club**

Established in 1998 Brisbane River Dragons (BRD) is the oldest dragon boat club in Brisbane. While dragon boating is our core activity, we also train in OC6 and OC2 outriggers and C1 canoes. Our training sessions are tailored for all level of paddlers, social or serious. Our annual campaigns at the State and National levels are becoming more successful each year. BRD was the Championship Club at the 2008, 2009 and 2010 National Dragon Boat Championships!

BRD have a wide fleet of water craft and support equipment which position as one of the Australia's most diverse and accessible water sports clubs.

For more information please visit us online at [www.brisbaneriverdragons.com](http://www.brisbaneriverdragons.com)

## **What is Dragon Boating?**

Dragon boating is one of the world's fastest growing water sports and recreational activities. It involves twenty paddlers in a long boat, ten on each side and two abreast. The sweep steers the boat from the rear, and a drummer sitting on the front beats a drum to assist with the timing and pace of the paddlers. In a race, there are generally four to six boats competing within the categories of women's, men's or mixed crews. Races range over the distances 200m, 500m, 1000m and 2000m. There are usually about 4-6 boats in a race. Each paddler uses a paddle to stroke and pull the boat forward.

Dragon Boat racing is by nature a social sport that requires the participants to work together as a team, developing strength, endurance as well as friendships.

## **History of Dragon Boating**

In China, the history of dragon boat racing dates back to the 4th Century BC. At that time, in the Kingdom of Chu, there was a minister by the name of Qu Yuan. Although much loved by the people, his King thought him foolish and had him expelled from his high position in the court. Unhappy and dejected, he wandered about the countryside writing poems about his love of his country and its people. Later, unable to bear all the sorrow, or perhaps as a final protest against the government, Qu Yuan committed suicide by drowning himself in the Mi Luo River. Legend has it that local fishermen raced out with their boats in an attempt to save him, but they failed. To prevent his body from being eaten by fish, they beat the waters furiously with their paddles and threw rice dumplings into the river as a sacrifice to his spirit.

## **What is Outrigger Canoeing?**

Outrigger canoe racing is a relatively young sport in Australia, the first club being formed in Australia formed in 1978 on the Gold Coast. Racing takes on two forms, marathons and sprints, both in six person canoes (OC6) and solo and two man canoes (OC1/OC2).

Sprint races are held over 500 - 3000 metres, whilst marathon races vary in distance between 5 and 30 kilometres. For races over 30 kms, the six person teams are allowed to have 9 crew with any 3 alternating by way of changeovers. This is where paddlers fall out of the canoe and are replaced by waiting paddlers in the water who grab the side of the canoe and pull themselves into the craft to commence paddling.





## ABOUT THE CHINESE NEW YEAR DRAGON BOAT REGATTA

This will be the eighth year that Brisbane River Dragons have hosted the Chinese New Year Dragon Boat Regatta at South Bank in conjunction with South Bank Corporation. An exciting day that allows local businesses and community groups the chance to challenge each other. The event is located on the esplanade at South Bank Parklands and is a fun packed day for all involved with plenty of racing, entertainment and prizes!

### The benefits to your team

- The adrenalin-pumping excitement of split-second finishes.
- An exciting and competitive team building experience.
- Personal development opportunity - watch your wallflowers bloom.
- High on the fun, friendship and fitness scale.
- Up to three professional training sessions with Australia's high achieving Brisbane River Dragons. This includes safety, paddling and fitness techniques on the Brisbane River in the weeks prior to the event.
- Chance to win prizes on the day for best team chant, most impressive team uniform and special awards for mixed teams.

### When:

Saturday 11th February 2012, commencing at 8.00am

### Where:

South Bank, on the Clem Jones Promenade in front of Street's Beach

### What To Bring:

- Dragon Boat Racing is a water sport. It is advisable to wear something that can get wet
- Bottle of water
- Hat and sunscreen are essential
- Paddles and life jackets are provided

### Prizes:

- There will be random draw prizes for paddlers through out the day.
- Trophies will be handed out for 1st, 2nd and 3rd place in the final.
- There are also prizes for the best team costume and best team chant.

### Registration Closing Date:

Entries close on 10 January 2012. It is essential to have all teams registered by this date to ensure time is allowed for training.

### Cost:

Corporate        \$1500 (sponsored by company or corporation)  
Community      \$1000 (individuals pay)

### What Is Included In The Cost?

- Teams of up to 24 members (dragon boats hold 20 paddlers, a drummer and a sweep)
- Full training provided by Brisbane River Dragons (up to three sessions)
- Drummer and sweep (steers the boat) provided by Brisbane River Dragons
- All paddles and equipment
- Life jackets
- Insurance for each team member
- Tents will be provided for each team on race day at South Bank

### Note:

All teams must provide team registration and all team members are required to sign the waiver. These are provided to you as part of the package.

[www.brisbaneriverdragons.com](http://www.brisbaneriverdragons.com)



## CORPORATE TEAM REGISTRATION

(scan and email to [norbert@ctba.com.au](mailto:norbert@ctba.com.au))

<b>Team Name</b>	
<b>Team Sponsor</b>	

<b>Team Captain Information</b>	
Name	
Address	
Suburb	
Postcode	
Work Telephone No.	
Home Telephone No.	
Fax No.	
Mobile No.	
Email	

<b>Alternate Contact Information</b>	
Name	
Address	
Suburb	
Postcode	
Work Telephone No.	
Home Telephone No.	
Fax No.	
Mobile No.	
Email	

Each race will be a mixed event. There must be a minimum of 16 team members and maximum of 24. There must be a minimum of eight women in the boat for each race. Corporate teams may have a maximum of four QDBF registered paddlers per team.

### Entry Fee: \$1500 per Corporate Team

Please sign below thus acknowledging you have reviewed the conditions of the waiver form and ensuring each team member will complete and submit the waiver form before any practices or races can commence.

Applicant's Name		
Applicant's Signature		Date:
Applicant's Email		

**Payment is accepted in the form of a cheque or money order, or direct transfer. Please send payment to:**

**Direct Transfer:** Westpac BSB 034 002, Account: 12 66 57  
Reference: Your team name and details of deposit. eg: *Hospital Dragons CNY Fee*

For direct transfer payments could you please send notification to the BRD Treasurer: [brdtreas@gmail.com](mailto:brdtreas@gmail.com) or [norbert@ctba.com.au](mailto:norbert@ctba.com.au)

**Post:** Attention: Brisbane River Dragons  
PO Box 491, Lutwyche Qld 4030

[www.brisbaneriverdragons.com](http://www.brisbaneriverdragons.com)



## COMMUNITY TEAM REGISTRATION

(scan and email to [norbert@ctba.com.au](mailto:norbert@ctba.com.au))

<b>Team Name</b>	
<b>Team Sponsor</b>	

<b>Team Captain Information</b>	
Name	
Address	
Suburb	
Postcode	
Work Telephone No.	
Home Telephone No.	
Fax No.	
Mobile No.	
Email	

<b>Alternate Contact Information</b>	
Name	
Address	
Suburb	
Postcode	
Work Telephone No.	
Home Telephone No.	
Fax No.	
Mobile No.	
Email	

Each race will be a mixed event. There must be a minimum of 16 team members and maximum of 24. There must be a minimum of eight women in the boat for each race. Community teams may have a maximum of four QDBF registered paddlers per team.

### Entry Fee: \$1000 per Community Team

Please sign below thus acknowledging you have reviewed the conditions of the waiver form and ensuring each team member will complete and submit the waiver form before any practices or races can commence.

Applicant's Name		
Applicant's Signature		Date:
Applicant's Email		

**Payment is accepted in the form of a cheque or money order, or direct transfer. Please send payment to:**

**Direct Transfer:** Westpac BSB 034 002, Account: 12 66 57  
Reference: Your team name and details of deposit. eg: *Hospital Dragons CNY Fee*

For direct transfer payments could you please send notification to the BRD Treasurer: [brdtreas@gmail.com](mailto:brdtreas@gmail.com) or [norbert@ctba.com.au](mailto:norbert@ctba.com.au)

**Post:** Attention: Brisbane River Dragons  
PO Box 491, Lutwyche Qld 4030

[www.brisbaneriverdragons.com](http://www.brisbaneriverdragons.com)



## TEAM WAIVER FORM

*Please Read Carefully*

- **ALL team members must sign this form**
- **ALL team captains are responsible for returning this form.**
- **Team members under the age of 18 require a written consent and a waiver signed by a parent or legal guardian. Please contact Brisbane River Dragons if this is required.**

In consideration of my being permitted to participate in the Chinese New Year Dragon Boat Regatta @ South Bank and all practices and activities related to this said event, I myself, my heirs, executors, administrators, successors and assignees hereby release, waive and forever discharge BRISBANE RIVER DRAGONS and all other sponsoring companies and all their respective agents, servants, elected and appointed officials, successors and assignees of and from all claims, demands, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property howsoever caused, arising or to by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise prior to, during or subsequent to the event and do notwithstanding that same may have been contributed to or occasioned by negligence of any of the aforesaid. I further hereby undertake to hold and save harmless and agree to indemnify all of the previously mentioned from and against any and all liability incurred by any way connected with my participation in the said event. I have read, (have or had read to me) understood and agree to the above waiver, release and indemnity.

I also give permission for the free use of my name and picture in broadcast, television or written account of this event.

<b>Team Name</b>	
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Name (Please Print)	Signature	E-Mail *
1.		
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\* If you would like to receive information about other dragon boat events hosted by Brisbane River Dragons.



## Race Day Information

Each team will congregate in their nominated area along the Southbank promenade directly in front of the race course. This will be your base for the day.

When called, each team will progress to the marshalling area to assemble in paddling positions, allocate racing lanes and fit life jackets. From here each team will progress to the pontoons for loading of the boats and preparation for racing.

A presentation ceremony will be held at the end of the day for the winning corporate and sporting crews.

### What to Bring:

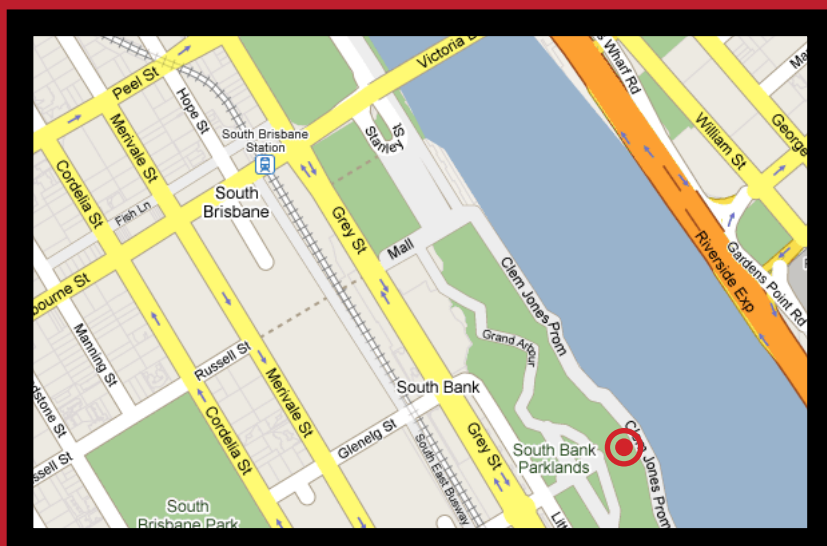
- Lots of water. Taps and shops are nearby for refills.
- A hat, sunnies, sun cream.
- A fold out chair is a good idea.
- Food. There are also plenty of shops nearby.
- Friends and family. The pool and beach is right behind the race course and a great vantage point to watch if you are not paddling. Extra team support is a great help!

### Racing:

- Races will be approximately 200m.
- There will be a series of heats followed by minor and major finals.
- The race draw will be released prior to the regatta.

### Regatta Details:

- Saturday February 11th 2012
- 8.00am - 3.00pm approx.



### Regatta Location:

Southbank Promenade in front of Streets Beach, Southbank.

(Directly in front of the beach)



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## Training Information

Three training sessions will be allocated for your corporate crew. Please remember that all people who will be paddling at the regatta must attend these training sessions.

For each training session please arrive at least 20 minutes prior to allocated time to allow for on land instruction, safety procedures, team seating allocation and warm-up before heading out onto the water.

### What to Bring:

- Water. This is essential while out on the river. Bring a bottle.
- A hat and sunglasses are recommended and of course plenty of sun cream.
- Be prepared to get a little wet, a pair of board shorts and a t-shirt or rashie is standard attire.
- Shoes are optional, joggers and reef thongs can be worn for extra grip in the boat.

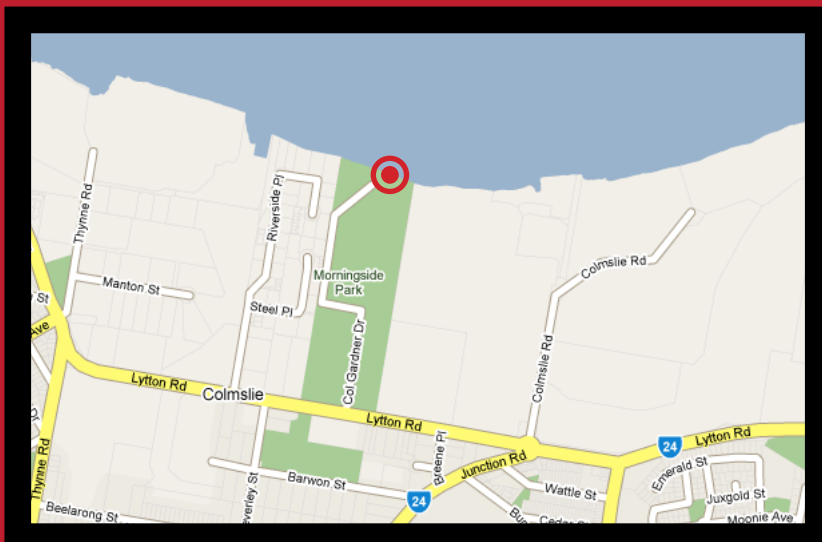
### What Will Happen:

Initially safety procedures will be explained to all crew members, followed by:

- A warm up session to help prevent injury.
- Paddling technique demonstration and tutorial.
- On water training
- Warm down upon finish.

### Session Times:

These sessions will be arranged with your team captain. It is highly advisable that all of your team members attend all of your allocated training session times!



### Training Location:

Colmslie Recreation Reserve  
Lytton Road, Colmslie.

(Behind the State Hockey Centre)



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## Corporate Dragon Boat Regatta © South Bank



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**REGISTER YOUR CREW NOW!**

Saturday 11th February  
Clem Jones Promenade, South Bank

Crews require up to 24 members  
Includes three training sessions for your crew  
All equipment provided

Limited numbers available! Entries close on the 10 January 2012

Tel: 0438 320 188  
Email: [norbert@ctba.com.au](mailto:norbert@ctba.com.au)